



GENERAL INFORMATION SHEET

BETHEL PARK COMPETITIVE CHEER SQUAD IS HOSTING THE
2025 SOUTH HILLS SHOWDOWN
CHEERLEADING COMPETITION

Sunday, November 2, 2025

Bethel Park High School, Bethel Park, PA

Final deadline for registration and payment is October 2, 2025. All forms and payment need to be received by this date, not post-marked by this date.

LOCATION AND TIME

VENUE: Bethel Park High School located at 309 Church Road Bethel Park, PA 15102

TIME: Competition is slated to begin at 9 a.m. (subject to change per registration numbers)
Participants should arrive at their check-in time. Enter through the athletic/gym entrance (not main entrance of school).

- Spectator fee is \$10 for ages 5 and up. Five and under are free. **CASH or Venmo accepted**

GENERAL RULES AND REQUIREMENTS

- Routines will be performed on a 9 panel mat
- Routines must be no longer than 2 minutes and 30 seconds for mat and 3 minutes for gameday routines
- All squads must provide their own spotters if needed
- USASF and AACCA safety rules will be followed
- 25-26 UCA Event Guidelines are followed and can be found here: <https://www.varsity.com/uca/wp-content/uploads/2025/01/25-26-UCA-Rules-and-Regulations-5.15.pdf>
- Please note that these guidelines indicate: **Open Rec and Junior High Divisions will be restricted from performing any type of toss (basket, elevator, or similar multi-based tosses) or waist level cradles.**

MUSIC

- All music must be compliant with the new USA Cheer music guidelines incorporated herein by reference:
 - <https://usacheer.org/music-faq>
 - Your participation in our event is your agreement to indemnify us as to performance rights organization enforcement actions
- All squads must have a coach or representative present to play their music on the day of the event.
- There will be a Competition Representative to assist with the sound system
- Please bring the appropriate adapter cord for your device
- We will have a speaker in the warmup area you can connect to for practice/warmup

AWARDS

- Awards will be announced at the end of the competition.
- Scores and rankings will be given to coaches at the end of the competition.
- Trophies will be given for 1st, 2nd and 3rd in each division and a Grand Champion of the day. Grand Champion will receive free entry for next year's competition.
- Individual awards will be given for jump-off and tumble winners.

ADDITIONAL INFORMATION

- Two UCA judging panels will be used to move the competition on quickly.
 - UCA Scoresheets will be used to judge the competition. These can be found on the UCA website: <https://www.varsity.com/uca/school/competitions/rules-scoring/>
- Schedules will be emailed to the coaches one week prior to the competition.
 - Please indicate any scheduling conflicts your squad might have in the comments section of the roster page, so we know ahead of time.
- Souvenir t-shirts are available for pre-order. A small number will be available to purchase on-site.
- We will have an open concession stand in our cafeteria with hit food items. **CASH or Venmo ONLY**

Contact bpcheerboosters@gmail.com with any questions.

*You can also follow us on Instagram for event updates!
@bethelpark_cheer*